

# Long COVID PROGRAM

## Referrals -PLEASE COMPLETE ENTIRE FORM

- **Must** include PCR/lab results confirming the patient's positive COVID history
- We **cannot** accept home tests (**No exceptions allowed**).
- If the referred patient only has an at-home test, please have the patient complete a Nucleocapsid test to determine eligibility (refer below).
- After a referral is reviewed and it is determined that the referred patient has met the eligibility criteria, we will reach out to the patient via e-mail, as each patient must complete our Long COVID packet before scheduling an initial visit.
- The patient will be scheduled to see an internal medicine specialist to confirm a Long COVID diagnosis.

Please know that once enrolled in the program, **the Long COVID Internist will NOT BECOME A PATIENT'S PRIMARY CARE PHYSICIAN.**

REFERRING	<b>REFERRING PHYSICIAN:</b>	
	Office Contact:	
	Fax:	
	Phone:	
PCP (IF DIFFERENT FROM REFERRING)	Physician Name:	
	Phone:	
	Fax:	
PATIENT'S INFORMATION	LAST NAME:	FIRST NAME:
	DOB:	UCLA MRN (if available):
	Phone:	***E-mail:
INSURANCE	INSURANCE: HMO <input type="checkbox"/> PPO <input type="checkbox"/> MEDICARE <input type="checkbox"/> OTHER <input type="checkbox"/>	
	If patient has non-UCLA HMO, please provide authorization from insurance plan	

## COVID-19 History

Does the patient have a documented covid-19 test?	YES <input type="checkbox"/> , Date tested: _____ **(copy of the patient's positive COVID Test/LAB REPORT <u>must be attached</u> to the referral for evaluation) **
---	---

# Long COVID PROGRAM

<p><b>If the patient does not have a copy of a positive COVID test, they must complete a Nucleocapsid blood test to determine eligibility. (please refer to the attached ordering details)</b></p>	<p><b><u>Quest Diagnostics Lab</u></b>  Test Name:  SARS-CoV-2 Antibody (IgG),  Nucleocapsid, Qualitative   Test Code:39749  DX: Z86.16</p>	<p><b><u>LabCorp</u></b>  Test Name:  SARS-CoV-2 Antibody, Nucleocapsid   Test Code: 164068  DX: Z86.16</p>
--	---	---

<p><b>LONG COVID SYMPTOMS</b></p>	<p><input type="checkbox"/> Fatigue  <input type="checkbox"/> Loss of taste and/or smell  <input type="checkbox"/> Chest pain or tightness  <input type="checkbox"/> Palpitations  <input type="checkbox"/> Cough  <input type="checkbox"/> Dyspnea</p>	<p><input type="checkbox"/> Brain fog  <input type="checkbox"/> Insomnia  <input type="checkbox"/> Anxiety  <input type="checkbox"/> Depression  <input type="checkbox"/> Other: _____</p>
<p><b>DOCUMENTS ATTACHED</b>  *PLEASE ATTACH ANY RELEVANT MEDICAL RECORDS/ TESTING IF AVAILABLE (PLEASE INCLUDE PHQ-9 AND GAD-7)</p>	<p><input type="checkbox"/> H&amp;P (notes MUST indicate when the referred patient first had symptoms)   <input type="checkbox"/> Hospital Records (Admission and D/C report IF available)</p>	<p><b><u>Imaging/ Tests:</u></b>  Tests completed since COVID Diagnosis only  <input type="checkbox"/> Labs  <input type="checkbox"/> Autonomic reflex screen  <input type="checkbox"/> Sleep study  <input type="checkbox"/> Pulmonary Function Tests  <input type="checkbox"/> Chest CT  <input type="checkbox"/> Chest X-rays  <input type="checkbox"/> MRIs  <input type="checkbox"/> ECHO  <input type="checkbox"/> Stress Test  <input type="checkbox"/> Ziopatch/Holter</p>

**Note:** Consider utilizing the Long COVID eConsult service to help with symptom co-management or for patients who do not qualify for the program.

# Long COVID PROGRAM

## UCLA'S LONG COVID PROGRAM –POLICY

Please read our policy and role carefully.

### OUR CLINIC'S ROLE

- ❖ Our clinic is a consulting service that focuses on evaluating your symptoms that persist after initial SARS-CoV-19 infection. We will provide a one-time in-person consultation to provide your general practitioner recommendations on how to care for you going forward. This will be followed by a limited number of video visits to reassess and update recommendations at extended intervals.
- ❖ Your PCP has a key role in the coordination of multiple activities and, therefore, all patients must have a PCP prior to program enrollment. It is important that you actively follow up with your regular care team during and after our care is complete. We work in partnership with your primary care provider (PCP) and specialists. Your PCP will order tests, therapies, and medications that we may recommend.
- ❖ We take a team-based approach to the evaluation, and our clinic serves as the hub and portal to connect with our experts in various specialties, including Pulmonology, Cardiology, Neurology, etc.
- ❖ As part of our clinic's policy, we DO NOT process disability forms or similar paperwork.

### WHAT TO EXPECT

- ❖ Our collective medical knowledge about post-acute COVID syndrome (Long COVID) is new and growing. There are no curative therapies at this time, but we will try our best as a team to brainstorm approaches to help manage your symptoms and provide you with up-to-date expertise.
- ❖ Research is critical to advancing our understanding and treatment of this condition and therefore you may be offered opportunities to participate in various research studies. Your decision to participate in research studies is voluntary and does NOT affect the clinical care we provide to you.
- ❖ We value and uphold an environment of respect for all patients and staff.

### OUT OF STATE PATIENTS \*\*

During the pandemic, regulators modified existing rules to allow healthcare professionals to utilize telemedicine to practice across state lines and care for the many individuals whose lives were disrupted. We regret that those concessions have ended, and we are no longer able to practice outside of the state of California. We recognize that many who suffer from Long COVID do not live near a center that specializes in this newly recognized condition. We are dedicated to taking care of COVID haulers. While we are unable to see patients out of state, we are happy to see patients who are anywhere in or are able to travel to California. We recognize that such travel can represent significant, uncovered costs.

Please note that due to current regulations, it is not possible to do any video visits in Alaska, Maine, New Mexico or Tennessee. Should you reside in one of these states, follow-up can only be done in person.